

Considerations for Selecting a Confirmation Sponsor and Name 2008

How to Choose a Sponsor:

Confirmation can be a great experience. Hopefully you have thought about what this sacrament means and how the Holy Spirit will affect your life. As part of Confirmation you are **required to have a sponsor**, someone who will guide you and share their faith with you.

The following are the **minimum requirements for a Confirmation sponsor:**

1. Be a **confirmed Catholic**
2. Be at least **16 years of age**
3. Be **practicing members of the Catholic Church**
4. **Not be your parents**

A sponsor can be male or female and a different gender than the Confirmation Candidate. A sponsor can be one of your Godparents but doesn't have to be. Although it would be ideal your Sponsor does not have to be present at your Confirmation. A proxy (someone else usually a parent) will stand in (be present) for your Sponsor at the Confirmation Ceremony.

The Confirmation Sponsor may want to know their duties and responsibilities toward you so a guide is enclosed.

How to Choose a Confirmation Name:

Confirmation names are optional. If you do not choose a Confirmation name your Confirmation name will be your baptized name. If you choose a Confirmation name it can be any name and does NOT need to be the name of a saint.